

Instructions for delegations participating in the Rhythmic Gymnastics World Cup
in Tashkent (Uzbekistan), from 13 to 19 April 2021.

In connection with the quarantine situation around the world, as well as with certain restrictions that have been introduced in our country, we ask all participants to familiarize themselves with this instruction and the timely fulfillment of all the necessary requirements of the organizing committee.

1. Competitors arriving in Uzbekistan must fully comply with the precautions that are specified in the Regulations of the Ministry of Health of the Republic of Uzbekistan "To warn and prevent the spread of COVID-19 during the Rhythmic Gymnastics World Cup";

2. To enter Uzbekistan, each member of the delegation must have a PCR test with a negative result to be provided to the medical service at the airport of Tashkent (done no later than 72 hours before arrival in Uzbekistan)

3. The team doctor or one of the team representatives must join the personal number of the head doctor LOC (Svyatskaya Svetlana Ivanovna) on the WhatsApp or Telegram at (+998) 909385774:

- For daily monitoring of the health of all members of the delegation (a self-control sheet form will be provided for accreditation), daily until 9:00;
- The results of PCR tests on the day of arrival and the day of departure of the delegation.

4. Delegations that have safely passed the border at the airport and the airport medical service will be transferred by special vehicles to the hotel at their place of residence during the competition. Representatives of the organizing committee will provide accreditation, training schedule, bus schedule, medical masks for all delegates at the hotel upon arrival, to one representative of the delegation. In return, each delegation is obliged to provide the representative of the organizing committee with the following copies of documents:

- Copy of the passport;
- Copies of the FIG gymnast's license;
- A copy of the insurance policy;
- Completed date and time of departure forms;
- CD music discs (signed);
- National flag of the country;
- CD disc with the national anthem.

5.All questions regarding payment of accommodation, meals, participation fees, stamping on documents, etc. - one representative of the delegation can discuss on the day of testing in the main office of the Gymnastics Federation of Uzbekistan (Financial Department)

6.In order to receive cash prizes, a gymnast must come to the head office of the Uzbekistan Gymnastics Federation (Financial Department), at the end of the award ceremony on April 18 (before 18:00)

7. The Organizing Committee will ensure the presence of a special laboratory for the PCR test, on the territory of the Gymnastics Federation of Uzbekistan (medical unit), for all representatives of the delegation on April 17 and 18, from 9:00AM to 13:00PM. You must have a copy of your passport!!! The cost of a PCR test per person is 250,000 sums (approximately \$25).

Payment is accepted in national currency or Visa cards, at the laboratory's cashier during the delivery of PCR tests.

8.If additional PCR tests are needed, we ask each delegation to inform the chief doctor of the competition in Telegram or WhatsApp one day in advance.

9. Please note that the Regulation of the Ministry of Health of the Republic of Uzbekistan "On the prevention of the spread of COVID-19 during the Rhythmic Gymnastics World Cup" states that athletes are not advised to leave the hotel if they do not have training. In this regard, we ask you to consider in advance the issue of booking meals for your delegates.

10. Due to the busy competition schedule, LOC will provide all referees with food (in boxes) on the territory of the arena in a special judges room.

In order to avoid delay and preparation of accreditations for each member of the delegation, we ask you to send all data to the LINK platform, as well as travel forms in advance.

Thank you for your attention, we hope for your responsibility and we will make every effort to make you feel comfortable in such a difficult period for the entire sports world.

See you in Tashkent!

Please note: Due to pandemic of COVID-19 there are some changes can arise.

Li case of any changes we will keep you updated.